

**ANANDAM** THE ETERNAL BLISS

DYAL SINGH COLLEGE



YES! You can  
experience the power of  
focused life!

The Art of  
**Mind  
Control**

5th MAR, TUESDAY , 11:00 PM

A PERSONALITY ENRICHMENT WORKSHOP  
BASED ON BHAGAVAD-GITA

**Have you  
ever**

• What you should focus on to be successful in life?

• How you can improve your concentration?

**Wondered**

• What techniques you should learn to improve the quality of your life?

If the answer is **YES**, this programme is for **YOU!**

Motivational Talk

Drama

Q/A Session

Delicious Snacks

**VENUE:** Seminar Hall, Dyal Singh College



**HG RASRAJ PRABHUJI**

E.D.A.S.T, Process Lead, Hewitt Associates,  
Youth Preacher, Counselor

DR . RITA NAGPAL  
CONVENOR

PROF. HEMA & DR. NAVINA  
CO - CONVENOR

PROF. V.K. PALIWAL  
PRINCIPAL



# ANANDAM - THE ETERNAL BLISS

UNDER THE AEGIS OF IQAC, DSC



PRESENTS

## ANANDOTSAV'24

# SPEAKER SESSION

**Topic: Art of Mind Control**

Seminar on essential aspects of mental wellbeing, stress management and decision making.



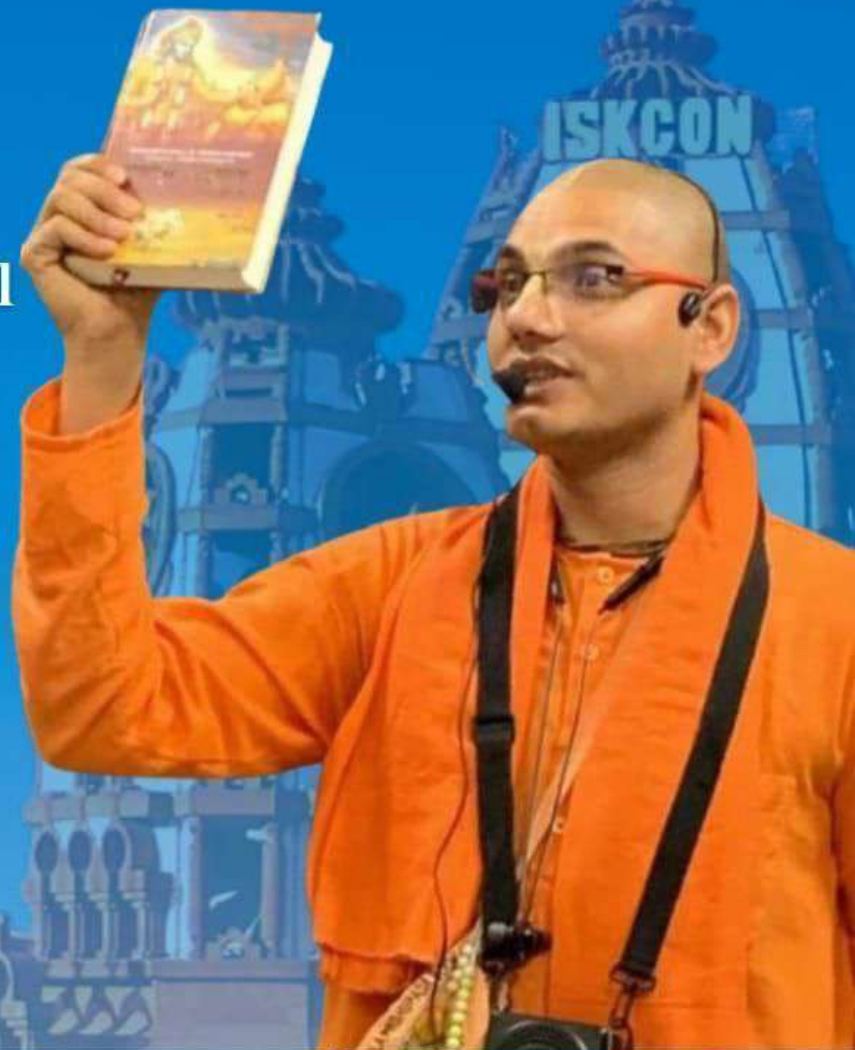
**11:00 A.M ONWARDS**



**5TH MARCH 24**



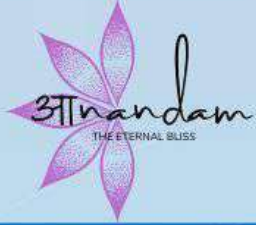
**SEMINAR HALL**



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 **YOUTUBE**  
305k+ Subscribers

 **Instagram**  
116k+ Followers




SPEAKER  
**CA NEHA DATTA**

CA turned Mindset Coach |  
3X Josh Talks | Public Speaker  
100+ Talks

# SPEAKER SESSION

ON MOTIVATION & SPIRITUALISM



 **1:30 P.M ONWARDS**  
 **5TH MARCH 24**  
 **DYAL SINGH COLLEGE  
AUDITORIUM**

**DR . RITA NAGPAL**  
CONVENOR

**MS.SHWETA & MS.KAVITA**  
CO - CONVENOR

**PROF. V.K. PALIWAL**  
PRINCIPAL